

SEPTEMBER 2025

DeForest Area Middle School Menu

We are an equal opportunity provider.



Breakfast: \$2.00 Reduced \$.30
Lunch: \$3.50 Reduced \$.40
Milk \$.45

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
NO SCHOOL	Breakfast Egg Breakfast Sandwich or Cereal/Cheese, Juice, Fruit, Milk Lunch: Mandarin Org Chicken/Rice or Fr. Bread Pizza, Broccoli, Salad Bar, Mandarin Oranges, Fortune Cookie, Milk	Breakfast: Mini Pancakes or Cereal/Cheese, Juice, Fruit, Milk Lunch: Cheeseburger or Big Daddy's Pizza, French Fries, Green Beans, Salad Bar, Apple Slices, Milk	Breakfast: Donut Day or Cereal/Cheese, Juice, Fruit, Milk Lunch: French Toast Sticks/Sausage or Stuffed Crust Pizza, Veggie Slushie, Salad Bar, Grapes, Milk	Breakfast: Banana Bread or Cereal/Cheese, Juice, Fruit, Milk Lunch: Chicken Strips or Pizza or Buffalo Dippers and Marinara, Celery, Carrots, Dragon Punch, Raspberry Applesauce, Milk
8	9	10	11	12
Breakfast: Breakfast Pizza or Cereal/Yogurt, Juice, Fruit, Milk Lunch: Mini Corn Dogs or Deep Dish Pizza, Green Beans, Salad Bar, Broccoli, Strawberries, Milk	Breakfast: Cinnamon Roll/Sausage or Cereal/Cheese, Juice, Fruit, Milk Lunch: Nacho Day or Fr. Bread Pizza, Taco Pinto Beans, Cooked Carrots, Pineapple, Cornbread, Milk	Breakfast: JJ Breakfast Bar or Cereal/Cheese, Juice, Fruit, Milk Lunch: Spicy or Breaded Chicken Sandwich or Mozzarella Sticks, Mixed Veggies, Salad Bar, Pears, Milk	Breakfast: Chocolate Crescent or Cereal/Cheese, Juice, Fruit, Milk Lunch: Popcorn Chicken or Stuffed Crust Pizza, Mashed Potatoes, Corn, Salad Bar, Tropical Fruit Salad, Milk	Breakfast: Strawberry Cream Cheese Bagel or Cereal/Cheese, Juice, Fruit, Milk Lunch: Cheeseburger or Big Daddy Pizza, Celery, Baby Carrots, Sliced Apples, Milk
15	16	17	18	19
Breakfast: : Mini Cinni's or Cereal/Yogurt, Juice, Fruit, Milk Lunch: Hot Dog/Bun or Pizza, Spiral Fries, Baked Beans, Salad Bar, Pears, Milk	Breakfast Egg Breakfast Sandwich or Cereal/Cheese, Juice, Fruit, Milk Lunch: General Tso Chicken/Rice or Nardone Pizza, Cooked Carrots, Broccoli, Salad Bar, Mandarin Oranges, Milk	Breakfast: Mini Pancakes or Cereal/Cheese, Juice, Fruit, Milk Lunch: Scrambled Eggs/Pancake Bites or Garlic Parm Cheesebites, Potato Emojis, Dragon Punch, Salad Bar, Strawberries, Milk	Breakfast: Donut Day or Cereal/Cheese, Juice, Fruit, Milk Lunch: Honey Sriracha Chicken or Chicken Nuggets or Pizza Dippers, Corn, Salad Bar, Banana, Milk	Breakfast: Banana Bread or Cereal/Cheese, Juice, Fruit, Milk Lunch: Breaded Chicken or Dill Chicken Sandwich, Baby Carrots, Celery, Sliced Apples, Jonny Pop, Milk
22	23	24	25	26
Breakfast: Breakfast Pizza or Cereal/Yogurt, Juice, Fruit, Milk Lunch: Chicken Patty and Eggoggi Waffle or Mozzarella Sticks/Marinara, Green Beans, Salad Bar, Tropical Fruit Salad, Milk	Breakfast: Cinnamon Roll/Sausage or Cereal/Cheese, Juice, Fruit, Milk Lunch: TACO TUESDAY or Stuffed Crust Pizza! Taco Meat, Shredded Cheese, Tortilla or Chips, Refried Beans, Corn, Pears, Apple Churro, Milk	Breakfast: JJ Breakfast Bar or Cereal/Cheese, Juice, Fruit, Milk Lunch: Spicy or Regular Popcorn Chicken or Pizza Slice, Broccoli, Salad Bar, Fruit Slushie, Milk	Breakfast: Chocolate Crescent or Cereal/Cheese, Juice, Fruit, Milk Lunch: : Cherry Blossom Chicken/Rice or Fr. Bread Pizza, Cooked Carrots, Salad Bar, Mandarin Oranges, Milk	Breakfast: Strawberry Cream Cheese Bagel or Cereal/Cheese, Juice, Fruit, Milk Lunch: Pretzel Wrapped Hot Dog or Nardone Pizza, Dragon Punch, Salad Bar, Pineapple, Milk
29	30			
Breakfast: : Mini Cinni's or Cereal/Yogurt, Juice, Fruit, Milk Lunch: Chicken Drumstick/Mac & Cheese or Pizza, Peas, Salad Bar, Pears, Milk	Breakfast Egg Breakfast Sandwich or Cereal/Cheese, Juice, Fruit, Milk Lunch: Mandarin Org Chicken/Rice or Fr. Bread Pizza, Broccoli, Salad Bar, Mandarin Oranges, Fortune Cookie, Milk	Alternative entrée choices include: Yogurt meals, deli sandwiches and wraps, chef salads.	-Milk Choices: 1% or skim chocolate. -Menus are subject to change. -Contact Becky Terry, RDN, Foodservice Supervisor with any questions at rterry@deforestschoools.org	